

50 Questions

That Will Free Your Mind



Parnell Intermediary Services, Inc. Guide to Productive Living

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These questions have no right or wrong answers. Because sometimes asking the right question is the answer.

- 1) How old would you be if you didn't know how old you are?
- 2) Which is worse, failing or never trying?
- 3) If life is so short, why do we do so many things we don't like and like so many things we don't do?
- 4) When it's all said and done, will you have said more than you've done?
- 5) What is the one thing you'd most like to change about the world?
- 6) If happiness was the national currency, what kind of work would make you rich?
- 7) Are you doing what you believe in, or are you settling for what you are doing?
- 8) If the average human life span was 40 years, how would you live your life differently?
- 9) To what degree have you actually controlled the course your life has taken?
- 10) Are you more worried about doing things right, or doing the right things?
- 11) You're having lunch with three people you respect and admire. They all start criticizing a close friend of yours, not knowing she is your friend. The criticism is distasteful and unjustified. What do you do?
- 12) If you could offer a newborn child only one piece of advice, what would it be?
- 13) Would you break the law to save a loved one?
- 14) Have you ever seen insanity where you later saw creativity?
- 15) What's something you know you do differently than most people?
- 16) How come the things that make you happy don't make everyone happy?

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- 17) What one thing have you not done that you really want to do? What's holding you back?
- 18) Are you holding onto something you need to let go of?
- 19) If you had to move to a state or country besides the one you currently live in, where would you move and why?
- 20) Do you push the elevator button more than once? Do you really believe it makes the elevator faster?
- 21) Would you rather be a worried genius or a joyful simpleton?
- 22) Why are you, you?
- 23) Have you been the kind of friend you want as a friend?
- 24) Which is worse, when a good friend moves away, or losing touch with a good friend who lives right near you?
- 25) What are you most grateful for?
- 26) Would you rather lose all of your old memories, or never be able to make new ones?
- 27) Is it possible to know the truth without challenging it first?
- 28) Has your greatest fear ever come true?
- 29) Do you remember that time 5 years ago when you were extremely upset? Does it really matter now?
- 30) What is your happiest childhood memory? What makes it so special?
- 31) At what time in your recent past have you felt most passionate and alive?
- 32) If not now, then when?
- 33) If you haven't achieved it yet, what do you have to lose?

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- 34) Have you ever been with someone, said nothing, and walked away feeling like you just had the best conversation ever?
- 35) Why do religions that support love cause so many wars?
- 36) Is it possible to know, without a doubt, what is good and what is evil?
- 37) If you just won a million dollars, would you quit your job?
- 38) Would you rather have less work to do, or more work you actually enjoy doing?
- 39) Do you feel like you've lived this day a hundred times before?
- 40) When was the last time you marched into the dark with only the soft glow of an idea you strongly believed in?
- 41) If you knew that everyone you know was going to die tomorrow, who would you visit today?
- 42) Would you be willing to reduce your life expectancy by 10 years to become extremely attractive or famous?
- 43) What is the difference between being alive and truly living?
- 44) When is it time to stop calculating risk and rewards, and just go ahead and do what you know is right?
- 45) If we learn from our mistakes, why are we always so afraid to make a mistake?
- 46) What would you do differently if you knew nobody would judge you?
- 47) When was the last time you noticed the sound of your own breathing?
- 48) What do you love? Have any of your recent actions openly expressed this love?
- 49) In 5 years from now, will you remember what you did yesterday? What about the day before that? Or the day before that?
- 50) Decisions are being made right now. The question is: Are you making them for yourself, or are you letting others make them for you?

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MISSION STATEMENT



Together we can change the lives of the abused, battered, homeless, hungry, ill and less fortunate.



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IN YOU!